

2021 Northwest Suburban Conference
at Maple Grove - May 25 & 28

Boys:

1	Blaine	128.0
2	Champlin Park	107.0
3	Anoka	102.0
4	Andover	86.0
5	SpringLkPk/St Anthony	47.5
6	Osseo	44.0
7	Maple Grove	42.5
8	Totino-Grace	39.0
9	Robbinsdale Armstrong	32.0
10	Elk River	28.0
11	Centennial	16.0
12	Park Center	14.0
13	Coon Rapids	11.0
14	Rogers	5.0

Girls:

1	SpringLkPk/St Anthony	137.5
2	Maple Grove	75.0
3	Anoka	70.0
4	Champlin Park	65.0
5	Park Center	55.0
6	Totino-Grace	44.0
7	Andover	42.0
8	Blaine	41.0
9	Elk River	39.5
10	Coon Rapids	36.0
10	Osseo	36.0
12	Centennial	22.0
13	Robbinsdale Armstrong	20.0
14	Rogers	19.0

Boys

100 Meter Dash

Place Name Team Finals Heat

1	Edmund Ocansey	Champlin Park	11.05	H6
2	Levi Yeebahn	Anoka	11.08	H6
3	Priestly Jibunor	Anoka	11.30	H5
4	Landen Liu	Centennial	11.32	H6
5	Michael Shipman	Champlin Park	11.33	H6
6	Tega Kowhedgba	Blaine	11.339	H6
7	Richlu Tudee	Champlin Park	11.349	H6
8	Derrick Jameson	Maple Grove	11.48	H5
9	Prince Cole	Totino-Grace	11.515	H3
10	Daniel Baltes	Maple Grove	11.519	H6
11	Kristian Lodholz	Maple Grove	11.55	H6
12	Caden Wheeler	Andover	11.65	H3

13 Matthew Beaudry Elk River 11.75 H3
14 Toby Huber Blaine 11.79 H5
15 Elrad Towah Robbinsdale Armstrong 11.80 H3
16 Wisdom Kowhedgba Blaine 11.81 H5
17 Peter Schaar Totino-Grace 11.85 H3
18 Pablo Estebanez Gonzale Centennial 11.92 H4
19 Amos Sieh Park Center 12.01 H4
20 Hunter Mlinarcik SpringLkPk/St Anthony 12.04 H5
21 Nick Dormoh Park Center 12.09 H5
22 Emmanuel Gordon Coon Rapids 12.13 H3
23 Tristan George Anoka 12.194 H5
24 Mikey Alton Coon Rapids 12.195 H3
25 Cade Osterman Elk River 12.24 H2
26 Jaiden Loots Centennial 12.25 H4
27 Sean Sullivan Coon Rapids 12.28 H2
28 Nicholas Wetzels SpringLkPk/St Anthony 12.30 H5
29 Mike Robertson Andover 12.34 H2
30 Antoine Blasingame Osseo 12.39 H2
31 Hunter Karlson Totino-Grace 12.43 H1
32 Dylan Matykiewicz Elk River 12.47 H2
33 Caleb Jones Robbinsdale Armstrong 12.570 H2
34 Anthony Powell Rogers 12.576 H1
35 Samuel Kohls SpringLkPk/St Anthony 12.61 H4
36 Cordell Wilson Robbinsdale Armstrong 12.63 H2
37 Tre Tonan Osseo 12.64 H1
38 Gabe Frank Rogers 12.75 H2
39 Bj Zakiel Osseo 12.86 H1
40 Wyatt Gilmore Rogers 12.93 H1
41 Mark Haba Park Center 13.31 H4

200 Meter Dash

Place Name Team Finals Heat

1 Landen Liu Centennial 22.78 H6
2 Levi Yeebahn Anoka 22.95 H6
3 Brett Ringer Blaine 23.21 H6
4 Prince Cole Totino-Grace 23.33 H3
5 Cade Fitzgerald Champlin Park 23.39 H6
6 Daniel Baltes Maple Grove 23.42 H6
7 Tega Kowhedgba Blaine 23.49 H5
8 Richlu Tudee Champlin Park 23.63 H6
9 Priestly Jibunor Anoka 23.67 H6
10 Derrick Jameson Maple Grove 23.716 H5
11 Lomax Wilson Champlin Park 23.722 H5
12 Malcolm Randolph Osseo 23.81 H3
13 Caden Wheeler Andover 24.03 H3
14 Matthew Beaudry Elk River 24.05 H3
15 Tye Smith Blaine 24.13 H5

16 Elrad Towah Robbinsdale Armstrong 24.33 H3
17 Clinton Adebomi Park Center 24.49 H5
18 Pablo Estebanez Gonzale Centennial 24.56 H5
19 Jackson Smith SpringLkPk/St Anthony 24.745 H5
20 Amos Sieh Park Center 24.746 H4
21 Ethan Kelly Anoka 24.77 H4
22 Jacob Momanyi Osseo 24.78 H3
23 Sean Collins Totino-Grace 24.82 H3
24 Jaiden Loots Centennial 25.00 H4
25 Clarence Kiazolu Robbinsdale Armstrong 25.29 H2
26 Nicholas Wetzal SpringLkPk/St Anthony 25.41 H5
27 Obe Eyafe Andover 25.45 H2
28 Reggie Davis Coon Rapids 25.47 H3
29 Amani Muta Rogers 25.57 H2
30 Emmanuel Oludayo Coon Rapids 25.69 H2
31 Reid Stanslaski Robbinsdale Armstrong 25.74 H2
32 Dominic Oelman Coon Rapids 25.92 H2
33 Noah VanVoorhis Andover 26.14 H2
34 Wyatt Gilmore Rogers 26.42 H2
35 Anthony Powell Rogers 26.82 H1
36 Sawyer Nelson Osseo 27.04 H1
37 James Dahn Park Center 27.06 H4
38 Milton Massaquoi Totino-Grace 27.52 H1
39 Tristan Borum Elk River 28.39 H1
40 Caleb Pederson Elk River 28.84 H1
Kristian Lodholz Maple Grove DNC H6
Taylor Cao SpringLkPk/St Anthony DNC H4

400 Meter Dash

Place Name Team Finals Heat

1 Brett Ringer Blaine 49.98 H5
2 Omaru Jalloh Osseo 51.42 H3
3 Zach Johnson Andover 51.78 H3
4 Vanwor Worlobah Maple Grove 53.40 H5
5 Luke Heggstad Blaine 53.86 H5
6 Tega Kowhedgba Blaine 53.91 H5
7 Alvin Thomas Champlin Park 54.06 H5
8 Reginald Carter Robbinsdale Armstrong 54.29 H2
9 Logan Harens Maple Grove 54.78 H4
10 Jackson Okan Centennial 54.79 H4
11 Amani Muta Rogers 54.95 H2
12 Austin Kolden Osseo 55.14 H3
13 Justin Kuharski Totino-Grace 55.22 H2
14 Zach Simon Coon Rapids 55.42 H3
15 Ethan Ibarra Champlin Park 56.05 H5
16 Peter Schaar Totino-Grace 56.07 H3

17 Amos Sieh Park Center 56.10 H4
18 Keegan Rodriguez Anoka 56.26 H5
19 Caleb Ketterling Andover 56.40 H3
20 Thomas Radtke Anoka 56.44 H4
21 Kai Zappa Anoka 56.60 H4
22 Matt Mikolich Rogers 57.44 H3
23 Jacob Wolter Robbinsdale Armstrong 57.46 H3
24 Ty Swanson Osseo 57.51 H2
25 Tucker Fournier Maple Grove 57.94 H4
26 Lukas Andrle Centennial 58.40 H4
27 Tommy O'Mara Robbinsdale Armstrong 59.06 H2
28 Logan Barker Coon Rapids 59.27 H2
29 Tyler Dube Rogers 59.35 H2
30 Dylan Strom Centennial 59.68 H4
31 Alec Sullivan Coon Rapids 59.95 H2
32 Thomas Saygbay Champlin Park 60.91 H5
33 Cody Paulsen Elk River 62.76 H1
34 Zak Hoyt Andover 63.18 H1
35 Aaron Pederson Elk River 68.22 H1
36 Wesley Lehmann Elk River 71.57 H1

800 Meter Run

Place Name Team Finals Heat

1 Cameron Heppner Andover 2:04.33 H2
2 Marshall Loveland Totino-Grace 2:04.69 H2
3 Joseph Gustafson Elk River 2:05.80 H2
4 Alex Omodt Robbinsdale Armstrong 2:06.799 H2
5 Blake Fuller Anoka 2:06.801 H4
6 Tyler Nosko Anoka 2:06.83 H4
7 Calvin Fiala Andover 2:07.75 H2
8 Andre Kemboi Coon Rapids 2:08.70 H2
9 Cole Harcey Osseo 2:08.84 H2
10 Vaughn Ruska Osseo 2:09.10 H2
11 Tucker Segraves Rogers 2:09.13 H2
12 Logan Meinert Andover 2:09.47 H2
13 Alexander Bjork SpringLkPk/St Anthony 2:10.16 H4
14 Danny Ness Anoka 2:11.47 H4
15 bEn Lewis Blaine 2:11.72 H4
16 Charles Iyegha SpringLkPk/St Anthony 2:12.97 H4
17 Leif Sicora Robbinsdale Armstrong 2:13.13 H1
18 Ryan Schwerber Blaine 2:13.43 H4
19 Billy Lumb Osseo 2:13.77 H1
20 Grant Leneau Maple Grove 2:13.94 H4
21 Cameron Lehmann Elk River 2:14.08 H2
22 Henry Brooks SpringLkPk/St Anthony 2:14.18 H4
23 Pj Marshall Centennial 2:14.32 H3
24 Parker Koland Maple Grove 2:14.54 H4

25 Steven Sei Dolomengi Park Center 2:14.61 H3
26 Alexander Artmann Elk River 2:17.88 H2
27 Addison Wong Maple Grove 2:17.92 H4
28 Akanimo Jones Champlin Park 2:19.99 H3
29 Henry Pulling Rogers 2:20.02 H1
30 Tyler Bargman Blaine 2:20.64 H4
31 Jacob Podratz Centennial 2:21.06 H3
32 Dylan Strom Centennial 2:22.96 H3
33 Tyler Kyes Champlin Park 2:24.15 H3
34 Zach Embacher Totino-Grace 2:26.72 H1
35 Easton Colby Rogers 2:26.97 H1
36 Joshua Thoen Coon Rapids 2:29.10 H1
37 Sean Honse Champlin Park 2:30.46 H3
38 Matthew Cummings Park Center 2:45.86 H3
39 Michael Berg Totino-Grace 2:48.59 H1

1600 Meter Run

Place Name Team Finals Heat

1 Gabe Birkmeier Andover 4:34.13 H2
2 Tyler Nosko Anoka 4:34.46 H4
3 Owen Erickson SpringLkPk/St Anthony 4:34.74 H4
4 River Santiago Blaine 4:35.44 H3
5 Alex Heidorn Rogers 4:38.48 H2
6 Matthew Lindgren SpringLkPk/St Anthony 4:39.09 H4
7 Owen Hansmann Robbinsdale Armstrong 4:43.00 H2
8 Blake Fuller Anoka 4:47.36 H4
9 Jonathan Pattie Centennial 4:47.73 H4
10 Charlie Bolkcom Centennial 4:47.96 H4
11 Nick Sneen Blaine 4:49.21 H3
12 Eli Berg Centennial 4:49.24 H4
13 Josh Fike Blaine 4:50.33 H3
14 Roger Anderson Robbinsdale Armstrong 4:50.52 H2
15 Drew Hjelmstad Maple Grove 4:51.14 H4
16 Nicholas St Peter Maple Grove 4:53.29 H4
17 Lucas LiaBraaten Anoka 4:54.72 H4
18 Charlie Hibbs Champlin Park 4:55.45 H4
19 Hayden O'Connor Rogers 5:02.91 H2
20 Matthew Oujiri Osseo 5:04.20 H2
21 Matthew Binsfeld Elk River 5:05.44 H2
22 Jack Bierbaum Totino-Grace 5:11.48 H2
23 Leo Conforti Totino-Grace 5:12.41 H2
24 Luke Wallin Osseo 5:12.78 H2
25 Nathan Isaak Maple Grove 5:13.19 H3
26 Gabriel Arends Osseo 5:14.41 H2
27 Thomas Whitehouse Robbinsdale Armstrong 5:19.37 H1
28 Issac McKeon Champlin Park 5:20.13 H3
29 Reilly Kopp SpringLkPk/St Anthony 5:20.28 H4

30 Austin Back Rogers 5:20.73 H2
31 Blake Olson Champlin Park 5:22.26 H3
32 Joshua Thoen Coon Rapids 5:26.49 H1
33 Nick Donner Andover 5:26.82 H1
34 Jack Jendro Andover 5:29.11 H1
35 Jake Ennis Totino-Grace 5:31.28 H1
36 Tanner Martin Elk River 5:35.25 H1
37 Reid Binsfeld Elk River 5:35.32 H1
38 Alberto Ludwig Coon Rapids 6:05.27 H1
39 Joshua Holder Coon Rapids 6:58.76 H1

3200 Meter Run

Place Name Team Finals Heat

1 Owen Erickson SpringLkPk/St Anthony 9:56.12 H2
2 River Santiago Blaine 9:57.08 H2
3 Matthew Lindren SpringLkPk/St Anthony 10:16.71 H2
4 Noah Breker Robbinsdale Armstrong 10:16.80 H1
5 Dylan Bartness Robbinsdale Armstrong 10:21.88 H1
6 Gannon Farrens Maple Grove 10:33.64 H2
7 Josh Fike Blaine 10:33.84 H2
8 Zachary Anderson SpringLkPk/St Anthony 10:34.31 H2
9 Cade Sanvik Osseo 10:37.01 H1
10 Jonathan Pattie Centennial 10:38.89 H2
11 Lucas LiaBraaten Anoka 10:46.43 H2
12 Aidan McKeefry Andover 10:55.36 H1
13 Micah Hanson Anoka 11:05.15 H2
14 Ryan Kane Champlin Park 11:05.67 H2
15 Cody Kryzer Maple Grove 11:06.72 H2
16 Nick Sneen Blaine 11:14.29 H2
17 Evan Pouliot Centennial 11:14.76 H2
18 Jackson Dokken Andover 11:15.34 H1
19 Colin Vaughn Osseo 11:20.55 H1
20 Aiden Sherer Centennial 11:27.16 H2
21 Alex Skinner Rogers 11:27.19 H1
22 Paul Wilde Maple Grove 11:30.81 H2
23 De kooker Brett Robbinsdale Armstrong 11:32.12 H1
24 Luke Strassburg Rogers 11:38.38 H1
25 Kyle Ostendorf Champlin Park 11:45.02 H2
26 Peyton Martinek Coon Rapids 11:53.70 H1
27 Ethan Wellman Anoka 11:56.40 H2
28 Levi Putman Rogers 12:08.45 H1
29 Cole Burnette Coon Rapids 12:13.46 H1
30 David McGinley Osseo 12:36.10 H1
31 Glenn Conforti Totino-Grace 13:12.21 H1
32 Xavier Case Totino-Grace 16:02.11 H1
Aidan Thomas Totino-Grace DNC H1

110 Meter Hurdles

Place Name Team Finals Heat

- 1 Jack Clark Blaine 15.37 H4
- 2 Gus Giddings Andover 15.86 H2
- 3 Josh Schlangen Blaine 16.17 H4
- 4 Tyrique Givance Champlin Park 16.21 H4
- 5 William Selinger Blaine 16.44 H4
- 6 Isaac Ononiwu SpringLkPk/St Anthony 17.02 H4
- 7 Ryan Bottema Maple Grove 17.26 H4
- 8 Saisahith Yerri Maple Grove 17.54 H4
- 9 Francis Chepsiror SpringLkPk/St Anthony 17.56 H4
- 10 Jared Kleppe Andover 17.84 H2
- 11 Joshua Edwards Coon Rapids 18.31 H2
- 12 Jackson Smith Coon Rapids 18.34 H2
- 13 Darioh Balisidya Elk River 18.49 H2
- 14 Kingsley Freeman Coon Rapids 18.68 H2
- 15 Owen Kellems Centennial 18.76 H3
- 16 Thai Nguyen Osseo 18.97 H2
- 17 Joshua Ezeagwula Osseo 19.72 H1
- 18 Calvin Kolleh Rogers 19.97 H1
- 19 Victor Olivo Andover 20.04 H1
- 20 Aiden Rashid Osseo 20.15 H1
- 21 Japheth Nyamari Anoka 20.33 H3
- 22 Chidubem Attama Anoka 20.40 H3
- 23 Luke Bowe Rogers 20.981 H1
- 24 Eniedi Isuk Champlin Park 20.983 H3
- 25 Peyton Lakanen Anoka 21.31 H3
- 26 Daniel Prabakar Maple Grove 22.05 H3
- Michael Ademola Olabiyi Park Center DNC H3
- Tate Wiese SpringLkPk/St Anthony DNC H3
- Christian Toledo Robbinsdale Armstrong DNC H2
- Israel Manna Robbinsdale Armstrong DNC H1
- Curtis Criswell Totino-Grace DNC H1

300 Meter Hurdles

Place Name Team Finals Heat

- 1 Gus Giddings Andover 41.14 H3
- 2 Jack Clark Blaine 42.26 H6
- 3 Spencer Logan Blaine 42.51 H6
- 4 Francis Chepsiror SpringLkPk/St Anthony 43.07 H6
- 5 William Selinger Blaine 43.28 H6
- 6 Isaac Ononiwu SpringLkPk/St Anthony 43.65 H6
- 7 Karim Kondor Anoka 43.90 H5
- 8 Tyrique Givance Champlin Park 44.00 H6

9 Darius Givance Champlin Park 44.29 H6
10 Ryan Bottema Maple Grove 44.34 H6
11 Saisahith Yerri Maple Grove 44.41 H5
12 Caleb Whitney SpringLkPk/St Anthony 44.81 H5
13 Joshua Edwards Coon Rapids 44.96 H3
14 Eddie Fields Andover 45.19 H3
15 Owen Kellems Centennial 45.57 H5
16 Aiden Rashid Osseo 45.94 H3
17 Habib Munye Park Center 45.98 H5
18 Calvin Kolleh Rogers 45.99 H3
19 Jackson Smith Coon Rapids 46.76 H3
20 Eric Matushak Robbinsdale Armstrong 46.93 H3
21 Jabin Moore Champlin Park 47.24 H5
22 Nolan Reiter Maple Grove 47.42 H5
23 Jared Kleppe Andover 48.53 H2
24 Thai Nguyen Osseo 49.03 H2
25 Japheth Nyamari Anoka 49.22 H4
26 Peyton Lakanen Anoka 51.65 H4
27 Joshua Ezeagwula Osseo 52.04 H2
28 Tristan Borum Elk River 54.21 H2
Ismael Kante Park Center DNC H4
Christian Toledo Robbinsdale Armstrong DNC H2
Israel Manna Robbinsdale Armstrong DNC H2

4x100 Meter Relay

Place Team Finals Heat

1 Champlin Park 42.56 H2
2 Maple Grove 43.53 H2
3 Totino-Grace 43.73 H1
4 Coon Rapids 44.55 H1
5 Osseo 44.58 H1
6 Robbinsdale Armstrong 44.67 H1
7 Andover 45.47 H1
8 Blaine 45.49 H2
9 Park Center 45.52 H2
10 Elk River 45.93 H1
11 SpringLkPk/St Anthony 46.07 H2
12 Anoka 46.43 H2
13 Rogers 47.88 H1
14 Centennial 50.94 H2

800 Meter Relay

Place Team Finals Heat

1 Osseo 1:31.12 H1
2 Andover 1:33.16 H1

3 Champlin Park 1:33.40 H2
4 Blaine 1:34.48 H2
5 Robbinsdale Armstrong 1:35.25 H1
6 Coon Rapids 1:36.29 H1
7 Totino-Grace 1:36.76 H1
8 Park Center 1:36.99 H2
9 SpringLkPk/St Anthony 1:37.12 H2
10 Elk River 1:37.16 H1
11 Anoka 1:38.32 H2
12 Maple Grove 1:39.01 H2
13 Rogers 1:43.18 H1
14 Centennial 1:45.39 H2

4x400 Meter Relay

Place Team Finals Heat

1 Andover 3:29.30 H1
2 Osseo 3:30.60 H1
3 Blaine 3:33.60 H2
4 SpringLkPk/St Anthony 3:35.35 H2
5 Maple Grove 3:40.476 H2
6 Anoka 3:40.483 H2
7 Elk River 3:41.07 H1
8 Centennial 3:41.15 H2
9 Champlin Park 3:47.18 H2
10 Robbinsdale Armstrong 3:47.75 H1
11 Coon Rapids 3:53.14 H1
12 Rogers 3:53.68 H1
13 Totino-Grace 3:58.02 H1

4x800 Meter Relay

Place Team Finals Heat

1 Andover 8:22.44 H1
2 Osseo 8:37.69 H1
3 Maple Grove 8:38.17 H2
4 Blaine 8:41.51 H2
5 Anoka 8:42.16 H2
6 SpringLkPk/St Anthony 8:47.56 H2
7 Champlin Park 9:10.00 H2
8 Rogers 9:35.46 H1
9 Centennial 9:46.52 H2
10 Totino-Grace 9:59.62 H1

Long Jump

Place Name Team Finals

- 1 Edmund Ocansey Champlin Park 21-10.5
- 2 Levi Yeebahn Anoka 21-10.5
- 3 Tyrique Givance Champlin Park 21-2.75
- 4 Sherifodeen Bolarinwa Champlin Park 20-8
- 5 Faaris Amegankpoe Maple Grove 20-6.75
- 6 Brandon Ramert Elk River 20-5.5
- 7 Peter Schaar Totino-Grace 20-5
- 8 Isaac Ononiwu SpringLkPk/St Anthony 20-4.5
- 9 Deezwin Cooper Totino-Grace 20-2.5
- 10 Aghogho Eyafe Andover 20-1
- 11 Joshua Edwards Coon Rapids 19-10.75
- 12 Carlos Ayala Robbinsdale Armstrong 19-10
- 13 Kallen Tinsen-Jenkins Blaine 19-10
- 14 Aaron Clausen SpringLkPk/St Anthony 19-10
- 15 Hunter Karlson Totino-Grace 19-10
- 16 Yube Badio Elk River 19-9.5
- 17 Peyton Newbern Robbinsdale Armstrong 19-8.25
- 18 Peyton Bridges Blaine 19-8
- 19 Omaru Jalloh Osseo 19-3.5
- 20 Daniel Baltes Maple Grove 19-2.75
- 21 Nick Dormoh Park Center 19-1.75
- 22 Malcolm Randolph Osseo 19-0.5
- 23 Jordan Reynolds Blaine 19-0.5
- 24 Eustace McGowan Robbinsdale Armstrong 19-0.25
- 25 Samuel Mayan Coon Rapids 18-11.25
- 26 Adam Kiatamba Anoka 18-8.75
- 27 Samuel Sheedlo SpringLkPk/St Anthony 18-8
- 28 Darioh Balisidya Elk River 18-6.5
- 29 Colton Scherer Anoka 18-5.5
- 30 Wyatt Gilmore Rogers 18-3.5
- 31 Zach Simon Coon Rapids 18-3.25
- 32 Riley Small Andover 18-1
- 33 Ryan Bottema Maple Grove 18-1
- 34 Clinton Adebomi Park Center 17-10
- 35 Matthew Binstock Andover 17-7
- 36 Owen Kellems Centennial 16-11
- 37 Jacob Momanyi Osseo 16-9.5
- 38 Mark Haba Park Center 16-8
- 39 Alex Euphosin Rogers 16-4.25
- 40 Jaiden Loots Centennial 16-3
- 41 Caden Schantzen Rogers 16-2
- 42 Ethan Krecklau Centennial 15-5.75

Triple Jump

Place Name Team Finals

- 1 Edmund Ocansey Champlin Park 44-1.25

- 2 Tyrique Givance Champlin Park 42-6.5
- 3 Cade Osterman Elk River 41-1
- 4 Matthew Beaudry Elk River 41-0.5
- 5 Priestly Jibunor Anoka 40-11.75
- 6 Caleb Jones Robbinsdale Armstrong 40-4.5
- 7 Triston Sanchez Champlin Park 40-3
- 8 Kallen Tinsen-Jenkins Blaine 40-2.5
- 9 Brian Berg Blaine 39-10.25
- 10 Japheth Nyamari Anoka 39-7.75
- 11 Elijah Tabla Coon Rapids 39-6.75
- 12 Ryan Bottema Maple Grove 39-5.5
- 13 Samuel Sheedlo SpringLkPk/St Anthony 39-3.25
- 14 Carlos Ayala Robbinsdale Armstrong 39-2.25
- 15 Will Russell Totino-Grace 39-1
- 16 Nick Dormoh Park Center 39-0.75
- 17 Aaron Clausen SpringLkPk/St Anthony 39-0.25
- 18 Carter Ranollo Elk River 38-11.5
- 19 Jordan Reynolds Blaine 38-10.5
- 20 Ben Audette Andover 38-1.5
- 21 Matthew Binstock Andover 37-9.25
- 22 Hunter Karlson Totino-Grace 37-9
- 23 Maxwell Hammons Osseo 37-6.75
- 24 Deezwin Cooper Totino-Grace 37-4.25
- 25 Eustace McGowan Robbinsdale Armstrong 37-2
- 26 Dominic Oelman Coon Rapids 37-0.75
- 27 Seth Johnson SpringLkPk/St Anthony 36-6.5
- 28 Saisahith Yerri Maple Grove 36-0.5
- 29 Caleb Prosper Anoka 35-9.5
- 30 Riley Small Andover 35-6.75
- 31 Parker Ardakani Maple Grove 35-6.75
- 32 Micha Hobin Park Center 34-10.25
- 33 Jack Ellingson Rogers 34-5.5
- 34 Sawyer Nelson Osseo 34-2.75
- 35 Jacob Bodin Osseo 33-8.5
- 36 Austin Smith Centennial 32-4.75
- 37 Adam Cowels Rogers 32-3.5
- 38 Ian Colby Rogers 30-8.5

Shot Put

Place Name Team Finals

- 1 Tyler Nebelung Anoka 49-5.5
- 2 Jakobi Arueya Blaine 49-1.25
- 3 Quavius Hornsby Park Center 47-6.75
- 4 Yohann Gunther Blaine 47-4.5
- 5 Darius Givance Champlin Park 46-11
- 6 Micheal Stark Champlin Park 45-4
- 7 Cole Fosslund Coon Rapids 44-7

8 Sean Wright Robbinsdale Armstrong 43-9.25
9 Pahkala Andrew SpringLkPk/St Anthony 43-7.25
10 Xavier Powers Blaine 43-0
11 Dylan Owens Andover 42-11
12 Charlie Folkens Rogers 42-5.25
13 Lance Liu Centennial 42-2
14 Mitch Jezierski Rogers 42-1.5
15 Alex VonRuedon Rogers 42-1
16 Kendrick Dowdell Coon Rapids 42-0.5
17 James Kennedy Coon Rapids 41-8
18 Maxwell Hammons Osseo 41-5
19 Aaron Chanthanavong SpringLkPk/St Anthony 41-0.75
20 Logan Day Anoka 41-0
21 Ethan Hogan Elk River 40-7.5
22 Peyton Lakanen Anoka 40-7
23 Andrew Dotzenrod Maple Grove 40-1.5
24 Ben Audette Andover 40-0.5
25 Caleb Campbell Maple Grove 39-7.25
26 Noah Nickman Totino-Grace 39-3
27 Nathaniel Weniger SpringLkPk/St Anthony 39-0.25
28 Demi Adebayo Osseo 39-0.25
29 Louie DeMidici Totino-Grace 38-7.5
30 Iman Richards Osseo 37-3
31 Ethan Imbeach Robbinsdale Armstrong 36-3.25
32 Gabriel Larson Maple Grove 36-1
33 Blake Halleckson Andover 34-2.5
34 Jaiden Loots Centennial 34-2
35 Tristan Hill Elk River 33-10.5
36 Corey Malone Park Center 32-9.75
37 Charles Baker Totino-Grace 32-9.5
38 Jonas Breuning Centennial 31-1.5
39 Langdon College Robbinsdale Armstrong 28-0.75
40 Samuel Paye Park Center 26-1

Discus Throw

Place Name Team Finals

1 Tyler Nebelung Anoka 159-2
2 William Fredrickson Blaine 145-1
3 Maxwell Hammons Osseo 139-7
4 Daniel Obwaya Blaine 136-11
5 Samuel Paye Park Center 134-7
6 Adam Adeboye Park Center 133-1
7 Micheal Stark Champlin Park 128-7
8 Logan Day Anoka 128-0
8 Lance Liu Centennial 128-0
10 Jakobi Arueya Blaine 126-2
11 Andrew Dotzenrod Maple Grove 124-1

- 12 Ben Linde Andover 122-4
- 13 Sean Wright Robbinsdale Armstrong 122-2
- 14 Aaron Chanthanavong SpringLkPk/St Anthony 120-8
- 15 Brian Sama Anoka 117-6
- 16 Charles Baker Totino-Grace 113-6
- 17 Charlie Folkens Rogers 113-2
- 18 Connor Develice Andover 113-1
- 19 Tristan Hill Elk River 112-7
- 20 Alex Ullman SpringLkPk/St Anthony 112-4
- 21 Kendrick Dowdell Coon Rapids 109-1
- 22 Sean Erickson Champlin Park 108-4
- 23 Alex VonRuedon Rogers 107-5
- 24 Manny Thomas Totino-Grace 103-11
- 25 Demi Adebayo Osseo 103-0
- 26 Caleb Carlson Maple Grove 102-7
- 27 Ethan Hogan Elk River 100-1
- 28 Dylan Lewis SpringLkPk/St Anthony 99-0
- 29 James Kennedy Coon Rapids 96-11
- 30 Alex Froslee Andover 96-6
- 31 Ethan Owata Coon Rapids 93-1
- 32 Jonas Breuning Centennial 93-0
- 33 Mitch Jezierski Rogers 92-11
- 34 Gabriel Larson Maple Grove 91-9
- 35 Langdon College Robbinsdale Armstrong 90-3
- 36 Ethan Imbeach Robbinsdale Armstrong 89-11
- 37 Zachary Cardille Centennial 86-7
- 38 Louie DeMidici Totino-Grace 86-3
- 39 Iman Richards Osseo 66-10

High Jump

Place Name Team Finals

- 1 Joshua Abedu-Bentsi Totino-Grace 6-4
- 2 Levi Yeebahn Anoka 6-2
- 3 Darius Givance Champlin Park 6-2
- 3 Daniel Gruess Maple Grove 6-2
- 5 Peyton Newbern Robbinsdale Armstrong 6-0
- 6 Priestly Jibunor Anoka 6-0
- 7 Caleb Whitney SpringLkPk/St Anthony 5-10
- 7 Lorenzo Andrews Champlin Park 5-10
- 9 Kunbonason Huber Champlin Park 5-10
- 10 Samuel Sheedlo SpringLkPk/St Anthony 5-8
- 11 Kallen Tinsen-Jenkins Blaine 5-8
- 12 Jack Casassa Andover 5-8
- 13 Wyatt Gilmore Rogers 5-8
- 14 Austin Ramert Elk River 5-6
- 14 Yube Badio Elk River 5-6
- 16 William Fredrickson Blaine 5-6

16 Peter Norby Maple Grove 5-6
18 Nick Dormoh Park Center 5-6
19 Seth Johnson SpringLkPk/St Anthony 5-6
20 Japheth Nyamari Anoka 5-4
20 Eustace McGowan Robbinsdale Armstrong 5-4
20 Jackson Smith Coon Rapids 5-4
23 Sean Sullivan Coon Rapids 5-4
24 Ayden Shaw Andover 5-2
24 Tyler Vu Osseo 5-2
26 Caleb Ketterling Andover 5-2

Pole Vault

Place Name Team Finals

1 Ben Linde Andover 13-0
2 Joshua Graske Anoka 13-0
3 Eric Spaeth Totino-Grace 12-6
4 Jack Gebhardt Elk River 12-6
5 Kunbonason Huber Champlin Park 12-0
6 Zach Halvorson Blaine 11-6
7 Charlie Bolkcom Centennial 11-6
8 Colin Bedbury Elk River 11-6
9 Cole Borg Andover 11-0
9 Tyler Vu Osseo 11-0
11 Reed Van De Walker Blaine 11-0
12 Joseph Ream Maple Grove 10-0
12 Nathan Kavanaugh Coon Rapids 10-0
14 Caleb Whitney SpringLkPk/St Anthony 10-0
15 Griffin Gaspersich SpringLkPk/St Anthony 10-0
15 Devin Helling Rogers 10-0
17 Pranav Gupta Maple Grove 9-0
17 Anthony Powell Rogers 9-0
19 Roger Anderson Robbinsdale Armstrong 9-0
20 Matt Katkov Elk River 9-0
21 Sebastian Santiago SpringLkPk/St Anthony 9-0
21 Calvin Takkunen Anoka 9-0
21 Ethan Krecklau Centennial 9-0
21 Triston Sanchez Champlin Park 9-0
25 Pj Marshall Centennial 9-0
26 Jack Goodrich Osseo 8-0
26 Jake Phillips Andover 8-0
28 Maxwell Frolander Anoka 8-0
28 Mark Haba Park Center 8-0
28 Benjamin Feuerborn Champlin Park 8-0

Girls

100 Meter Dash

Place Name Grade Team Finals Heat

- 1 Laubenra Ben 11 Park Center 12.24 H6
- 2 Emily Anderson 11 Centennial 12.47 H6
- 3 Shadaizhalynn Chatman 11 Park Center 12.74 H6
- 4 Jordyn Borsch 10 Maple Grove 12.79 H6
- 5 Royanna Whicker 11 Champlin Park 12.87 H6
- 6 Ituko Etuko 9 Totino-Grace 12.98 H6
- 7 Mikayla De Souza 10 Coon Rapids 13.05 H6
- 8 Victoria LaBerge 11 SpringLkPk/St Anthony 13.16 H6
- 9 Desiree Loyd 10 Blaine 13.190 H4
- 9 Jennifer Heilman 9 Rogers 13.190 H5
- 11 Morgan Bosacker 12 Maple Grove 13.22 H5
- 12 Elange Seibure 11 Anoka 13.24 H5
- 13 Marissa Wentland 10 Maple Grove 13.28 H3
- 14 Danielle Urey 10 Anoka 13.35 H4
- 15 Markia Cargeor 11 Robbinsdale Armstrong 13.60 H5
- 16 Madison Williams 10 Elk River 13.67 H4
- 17 Mackenzie Peterson 12 Champlin Park 13.76 H5
- 18 Michelle Musa 10 Blaine 13.77 H3
- 19 Britta DeMar 9 Elk River 13.820 H4
- 20 Grace Baker 9 Champlin Park 13.829 H3
- 21 Sydney Reining 9 Rogers 13.86 H3
- 22 Navaeh Coffe 9 SpringLkPk/St Anthony 13.892 H5
- 23 Meghan Jack Anoka 13.898 H5
- 24 Leah Dengerud 11 Totino-Grace 13.91 H4
- 25 Hailey Hielwig Centennial 13.950 H4
- 26 Sabrina Wesseh 10 Osseo 13.957 H2
- 27 Sarah Rud 9 Blaine 13.97 H2
- 28 Arlena Newman 11 Park Center 14.00 H2
- 29 Kaylee Martin 11 Centennial 14.12 H3
- 30 Mabel Badejo 8 SpringLkPk/St Anthony 14.24 H4
- 31 Sarah Osborne 11 Robbinsdale Armstrong 14.33 H3
- 32 Blessing Gaye 8 Osseo 14.44 H4
- 33 Stephanie Muniz 9 Elk River 14.49 H2
- 34 Caterina Micheli 11 Andover 14.51 H2
- 35 Precious Railey 9 Coon Rapids 14.53 H2
- 36 Mary Strong 11 Totino-Grace 14.64 H1
- 37 Ruby Jurmu 10 Coon Rapids 15.10 H1
- 38 Rylee Gjesvold 12 Andover 15.173 H1
- 39 Savannah Subendran 9 Robbinsdale Armstrong 15.180 H3
- 40 Kayleah Lom 10 Andover 16.03 H1
- Ja'quayveonia Whitehead 10 Osseo DNC H3
- Joy Olowo 10 Rogers DQ H5

200 Meter Dash

Place Name Grade Team Finals Heat

- 1 Laubenra Ben 11 Park Center 25.93 H6
- 2 Emily Anderson 11 Centennial 26.87 H6
- 3 Morgan Bosacker 12 Maple Grove 26.90 H5
- 4 Allison Hookom 11 Anoka 26.99 H5
- 5 Royanna Whicker 11 Champlin Park 27.129 H6
- 6 Elange Seibure 11 Anoka 27.135 H5
- 7 Mercy Zelee 12 Osseo 27.32 H5
- 8 Hannah Horton 10 Champlin Park 27.37 H3
- 9 Marissa Wentland 10 Maple Grove 27.38 H4
- 10 Ituko Etuko 9 Totino-Grace 27.55 H6
- 11 Sarahya College 7 Robbinsdale Armstrong 27.664 H6
- 12 Katlyn Byhre 12 Rogers 27.668 H6
- 13 Brianna Sullivan 11 Maple Grove 27.81 H4
- 14 Jennifer Heilman 9 Rogers 27.95 H5
- 15 Addison Stephani 11 SpringLkPk/St Anthony 27.960 H5
- 16 Averi Wiege 10 Blaine 27.969 H4
- 17 Danielle Saydee 10 Osseo 28.01 H6
- 18 Kari Bork 10 Champlin Park 28.06 H4
- 19 Belinda Griffth 11 Coon Rapids 28.67 H4
- 20 Ellen Wareham 12 Totino-Grace 28.712 H3
- 21 Mabel Badejo 8 SpringLkPk/St Anthony 28.719 H2
- 22 Jordyn Svihel 10 Totino-Grace 28.73 H3
- 23 Claire Zandstra 9 Centennial 28.77 H4
- 24 Navaeh Coffe 9 SpringLkPk/St Anthony 28.83 H5
- 25 Clea Cesare 11 Robbinsdale Armstrong 28.96 H6
- 26 Sarah Rud 9 Blaine 29.05 H3
- 27 Haniyah Dabney 9 Park Center 29.15 H1
- 28 Addison Van Zee 9 Centennial 29.24 H5
- 29 Aleah Wylie 10 Osseo 29.47 H3
- 30 Keaira Walker 8 Rogers 29.49 H4
- 31 Aaliyah Nelson 10 Elk River 29.57 H2
- 32 Sydney Keckeisen 7 Elk River 29.65 H3
- 33 Markia Cargeor 11 Robbinsdale Armstrong 29.72 H4
- 34 Madisyn Lauwagie 10 Blaine 29.77 H2
- 35 Rennell Cooper 11 Coon Rapids 30.09 H3
- 36 Rylee Gjesvold 12 Andover 30.13 H1
- 37 Caterina Micheli 11 Andover 30.22 H1
- 38 Peyton Taylor 12 Coon Rapids 30.62 H2
- 39 Ashley Ege 10 Elk River 30.65 H2
- 40 Kyliah Lewis 10 Park Center 30.72 H3
- 41 Logan Brent 9 Anoka 31.18 H2

400 Meter Dash

Place Name Grade Team Finals Heat

1 Laubenra Ben 11 Park Center 57.96 H5
2 Jordyn Borsch 10 Maple Grove 58.76 H5
3 Allison Hookom 11 Anoka 59.46 H5
4 Katlyn Byhre 12 Rogers 63.01 H5
5 Keely McSherry 11 Totino-Grace 63.83 H5
6 Anna Couwenhoven 11 Blaine 64.19 H3
7 Evyn Eppinga 9 Anoka 65.13 H5
8 Molly Vance 10 Totino-Grace 65.30 H4
9 Aleeyah Graves 7 Rogers 65.62 H3
10 Allison Stacy 9 Maple Grove 65.88 H3
11 Linnea Cary 9 SpringLkPk/St Anthony 66.44 H3
12 Olivia Knoepfle 12 Andover 66.62 H5
13 Brianna Villanti 10 Rogers 66.86 H4
14 Lauren Lee 11 Maple Grove 66.88 H2
15 Aspen Gray 9 Centennial 67.01 H3
16 Amelia Olson 11 Centennial 67.02 H3
17 Ella Frieling 10 Blaine 67.22 H3
18 Claire Zandstra 9 Centennial 67.31 H4
19 Kailey Perreault 11 Blaine 67.532 H2
20 Carissa Brue 9 Champlin Park 67.534 H3
21 Bailey Rauh 8 Coon Rapids 68.10 H2
22 Kayla Benjamin 11 Champlin Park 69.44 H2
23 Karlee Fisher 10 Robbinsdale Armstrong 69.45 H5
24 Megan Prussman 12 Champlin Park 69.92 H2
25 Stevie Harris 7 Osseo 70.42 H4
26 Jackie Hove 11 Totino-Grace 71.01 H1
27 Brynn Bossen 11 SpringLkPk/St Anthony 71.13 H2
28 Audrey McNeil 8 Osseo 72.82 H2
29 Ashley Grabau 11 Andover 73.07 H4
30 Josephine Daweah 11 Osseo 73.58 H1
31 Mackenzie Monsrud 12 SpringLkPk/St Anthony 73.83 H2
32 Brianna Miller 11 Park Center 80.29 H1
Celine Hui 11 Robbinsdale Armstrong DNC H1
Bethany Lehner 9 Elk River DNC H4
Sophia White 11 Andover DNC H4
Alicia Blesi 10 Anoka DNC H4

800 Meter Run

Place Name Grade Team Finals Heat

1 Emilie Meyer 12 Totino-Grace 2:18.30 H3
2 Audrey Neuerburg-Chapma 12 Elk River 2:21.40 H3
3 Alexa Davis 11 Osseo 2:24.152 H3
4 Brekkyn Lammert 12 Andover 2:24.154 H3
5 Abbey Oakland 8 Maple Grove 2:24.30 H3
6 Caitlyn Osanai 9 Robbinsdale Armstrong 2:27.74 H3
7 Kalli Smith 12 Maple Grove 2:30.55 H3

8 Shalom Sulungaine 10 Blaine 2:30.56 H3
9 Anna Cargill 11 Rogers 2:36.10 H3
10 Natalie Zielsdorf 11 SpringLkPk/St Anthony 2:38.02 H3
11 Emma Magnuson 10 Centennial 2:38.49 H3
12 Maria Hoff 10 Osseo 2:39.39 H1
13 Ava Kehr 11 Coon Rapids 2:40.33 H2
14 Miah Martin 12 Elk River 2:41.80 H2
15 Signe Johnson 11 SpringLkPk/St Anthony 2:41.89 H2
16 Cassidy Tanner 12 Champlin Park 2:42.02 H2
17 Kelsey Huver 11 Blaine 2:42.411 H2
18 Ellie Berglin 12 Maple Grove 2:42.417 H2
19 Ariam Aman 10 Osseo 2:42.86 H1
20 Abigail Namukwaya 9 Anoka 2:42.92 H1
21 Hannah Hookom 10 Anoka 2:43.74 H2
22 Graciela Wiegert 12 Robbinsdale Armstrong 2:43.98 H1
23 Olivia Goddard 9 Anoka 2:46.47 H1
24 Mikayla Poppe 12 Centennial 2:46.67 H2
25 Maia Hernandez 11 SpringLkPk/St Anthony 2:47.10 H2
26 McKenzie Keane 9 Totino-Grace 2:47.48 H1
27 Breanna Hetchler 12 Rogers 2:47.92 H1
28 Lorelei Ibeling 7 Rogers 2:48.58 H1
29 Grace Hellegers 9 Andover 2:49.69 H1
30 Rachel Miller 10 Champlin Park 2:51.23 H1
31 Aver Schirmers 10 Elk River 2:51.60 H3
32 Akala Lowe 11 Coon Rapids 2:53.54 H1
33 Sakhi Gautam 12 Blaine 2:54.00 H2
34 Maura Wahl 10 Champlin Park 2:56.77 H1
35 Abigail Egerstrom 8 Park Center 3:02.38 H1
36 Hailee Nightengale 9 Andover 3:08.67 H1
37 Zeinab Jalloh 9 Park Center 3:44.39 H1
Casey Amelsberg 9 Coon Rapids DNC H1
Brooke Schmidt 9 Centennial DNC H2
Devon Torgerson 9 Park Center DNC H2

1600 Meter Run

Place Name Grade Team Finals Heat

1 Emilie Meyer 12 Totino-Grace 5:01.91 H3
2 Kaelyn Nelson 9 Anoka 5:14.07 H3
3 Kaitlyn Finnegan 11 SpringLkPk/St Anthony 5:20.47 H3
4 Juliana Davis 9 Osseo 5:22.94 H3
5 Alexa Davis 11 Osseo 5:24.19 H3
6 Caitlyn Osanai 9 Robbinsdale Armstrong 5:26.63 H3
7 Julia Babineau 10 Andover 5:28.56 H3
8 Anna Eich 12 Rogers 5:31.11 H3
9 Abby Wood 9 Centennial 5:31.86 H3
10 Shalom Sulungaine 10 Blaine 5:32.14 H3

11 Alyssa Gerth 12 Andover 5:35.37 H2
12 Vayda Foy 9 Champlin Park 5:37.23 H3
13 Allyson Heiden 12 Robbinsdale Armstrong 5:44.46 H2
14 Lauren Swanson 11 Centennial 5:45.71 H2
15 Julia Zalewski 9 Centennial 5:46.01 H2
16 Natalie Laurance 8 Maple Grove 5:46.38 H2
17 Kelsey Young 8 Maple Grove 5:46.39 H2
18 Ellie Grossman 9 Champlin Park 5:48.40 H1
19 Lily Chabica 11 Maple Grove 5:49.74 H3
20 Kelsey Huver 11 Blaine 5:50.57 H2
21 Sarah Redepenning 10 Anoka 5:53.42 H2
22 Jazmyn Christen 11 Osseo 5:55.34 H1
23 Alyssa Blake 12 Blaine 5:58.49 H1
24 Kayla Traugott 10 Rogers 5:58.94 H2
25 Gigi Bragg 8 Anoka 6:04.65 H2
26 Celia Woyke 12 Robbinsdale Armstrong 6:04.70 H2
27 Claire VanDenTop 12 SpringLkPk/St Anthony 6:07.16 H1
28 Gabby Wahl 10 Champlin Park 6:12.44 H1
29 Ella LaGree 7 Coon Rapids 6:12.83 H1
30 Selah Binsfeld 7 Elk River 6:13.20 H2
31 Teagan Gillard 9 SpringLkPk/St Anthony 6:15.59 H1
32 Luca Collum 10 Andover 6:36.53 H1
33 Jayda Bunch 7 Rogers 6:40.82 H1
34 Mallory Williams 12 Elk River 6:42.01 H1
35 Jenna Lindstrom 11 Totino-Grace 6:44.42 H1
36 Natalie Hanssen 9 Coon Rapids 7:07.27 H1
37 Casey Amelsberg 9 Coon Rapids 7:08.20 H1

3200 Meter Run

Place Name Grade Team Finals Heat

1 Abigail Hibbs 8 Champlin Park 11:13.68 H2
2 Kaelyn Nelson 9 Anoka 11:24.87 H2
3 Lindsey Young 11 Maple Grove 11:28.81 H2
4 Juliana Davis 9 Osseo 11:31.40 H2
5 Kaitlyn Finnegan 11 SpringLkPk/St Anthony 11:53.97 H2
6 Margaret Grossman 12 Champlin Park 11:59.51 H2
7 Abby Wood 9 Centennial 11:59.70 H2
8 Alyssa Gerth 12 Andover 12:03.80 H2
9 Elise Behr 8 Maple Grove 12:20.84 H2
10 Elise Oldroyd 10 Champlin Park 12:23.21 H2
11 Ilsa Hoaglund 12 Coon Rapids 12:29.42 H2
12 Jordyn Hirte 10 Andover 12:32.87 H1
13 Tatum Liebke 11 Centennial 12:33.04 H2
14 Samantha Solboe 10 SpringLkPk/St Anthony 12:39.18 H1
15 Caroline Ringsmuth 11 Maple Grove 12:39.81 H1
16 Sara O'Dell 10 Andover 12:40.02 H1

17 Noelle Brandes 11 Robbinsdale Armstrong 12:40.82 H1
18 Sarah Redepenning 10 Anoka 12:44.40 H2
19 Zoe Hoaglund 12 Coon Rapids 12:57.00 H1
20 Teresa Shah 9 Osseo 12:57.91 H1
21 Ava Nibbelink 9 Centennial 12:57.96 H1
22 Alyssa Blake 12 Blaine 13:06.11 H1
23 Mio Aoki-Sherwood 12 Robbinsdale Armstrong 13:13.18 H1
24 Julie Hedlund 11 Coon Rapids 13:14.80 H1
25 Adriana Potts 11 Blaine 13:16.57 H1
26 Mikaela Hetchler 10 Rogers 13:29.51 H1
27 Annie Mraz 12 Totino-Grace 13:35.48 H1
28 Autumn VanDenTop 12 SpringLkPk/St Anthony 13:39.86 H1
29 Abigail Ostrander 8 Anoka 13:44.35 H1
30 Maria Hanauska 9 Rogers 13:55.74 H1
31 Emma Houfek 10 Osseo 13:56.65 H1
Carissa Edman 10 Elk River DNC H1
Annika Bauer 9 Elk River DNC H2

100 Meter Hurdles

Place Name Grade Team Finals Heat

1 Kennedy Martinson 10 Coon Rapids 14.91 H5
2 Grace Brandt 10 SpringLkPk/St Anthony 15.40 H5
3 Tashina Beyioku-Alase 12 Champlin Park 15.42 H5
4 Charis Lawson 12 SpringLkPk/St Anthony 16.65 H5
5 Anna Zigman 11 Maple Grove 17.26 H3
6 Perri Thompson 11 Robbinsdale Armstrong 17.33 H5
7 Jewel Tarwai 12 Champlin Park 17.375 H4
8 Anika Shequin 12 SpringLkPk/St Anthony 17.382 H4
9 Ella Johnson 10 Elk River 17.42 H3
10 Jordan Hund 12 Elk River 17.69 H4
11 Savanna Johnson 10 Elk River 17.78 H4
12 Erin Hall 10 Maple Grove 17.80 H4
13 Stephanie Kemo 11 Blaine 17.85 H5
14 Sylvia Gitamo 10 Anoka 18.00 H4
15 Valencia Morris 10 Osseo 18.42 H3
16 Alexandra Nyenati 9 Andover 18.48 H2
17 Wilhelmina Donald 12 Blaine 18.53 H3
18 Linnea Noeldner 10 Osseo 18.56 H3
19 Laya Robertson 7 Rogers 18.64 H2
20 Siena Maciej 10 Maple Grove 18.87 H3
21 Calleigh Harris 10 Anoka 18.90 H3
22 Amanda Doe 10 Anoka 19.21 H5
23 Miriam Manna 12 Robbinsdale Armstrong 19.34 H2
24 Jordan Seery 12 Champlin Park 19.66 H2
25 Piper Engelby 9 Andover 20.13 H2
26 Sophie Ables 7 Coon Rapids 20.18 H2
27 Celeste Mammah 9 Coon Rapids 21.23 H1

28 Haniyah Dabney 9 Park Center 23.66 H1
29 Anna Peterson 10 Centennial 24.16 H2
30 Osasere Enahoro 9 Park Center 24.23 H1
31 Burnices Barlue 12 Osseo 30.98 H5
Kathryn Grubisch 12 Centennial DNC H1
Alyssa Draheim 10 Centennial DNC H2
Freda Payne 12 Blaine DNC H3
Abigail Redelsheimer 9 Robbinsdale Armstrong DNC H4
Jenna Kalevik 12 Rogers DNC H4

300 Meter Hurdles

Place Name Grade Team Finals Heat

1 Grace Brandt 10 SpringLkPk/St Anthony 44.95 H5
2 Claire Beckman 12 Andover 46.10 H5
3 Kennedy Martinson 10 Coon Rapids 46.71 H5
4 Anika Shequin 12 SpringLkPk/St Anthony 48.11 H5
5 Stephanie Kemo 11 Blaine 49.06 H5
6 Savanna Johnson 10 Elk River 50.13 H5
7 Marvelous Onwualo 10 Blaine 50.37 H4
8 Jordan Hund 12 Elk River 51.37 H4
9 Perri Thompson 11 Robbinsdale Armstrong 51.49 H4
10 Gabrielle Parker 10 Maple Grove 51.54 H4
11 Kaitlyn Staut 10 SpringLkPk/St Anthony 51.79 H4
12 Anna Zigman 11 Maple Grove 51.98 H5
13 Ella Voorhees 11 Totino-Grace 52.14 H4
14 Valencia Morris 10 Osseo 52.46 H3
15 Wilhelmina Donald 12 Blaine 53.10 H5
16 Erin Hall 10 Maple Grove 53.36 H3
17 Adyson Janacek 10 Centennial 53.52 H3
18 Linnea Noeldner 10 Osseo 53.71 H3
19 Amanda Doe 10 Anoka 56.35 H2
20 Ruby Engel 11 Osseo 56.50 H3
21 Calleigh Harris 10 Anoka 56.56 H1
22 Kathryn Grubisch 12 Centennial 56.57 H3
23 Noelle Flaschberger 11 Centennial 56.69 H3
24 Jordan Seery 12 Champlin Park 57.75 H4
25 Taylor Boone 10 Elk River 58.22 H2
26 Laya Robertson 7 Rogers 58.55 H2
27 Sophie Ables 7 Coon Rapids 60.08 H2
28 Haniyah Dabney 9 Park Center 62.60 H2
29 Miriam Manna 12 Robbinsdale Armstrong 63.94 H2
30 Celeste Mammah 9 Coon Rapids 67.11 H1
31 Osasere Enahoro 9 Park Center 74.13 H1
Piper Engelby 9 Andover DNC H2
Lydia Lakanen 9 Anoka DNC H2
Rakeya Eastman 12 Park Center DNC H3
Abigail Redelsheimer 9 Robbinsdale Armstrong DNC H4

4x100 Meter Relay

Place Team Finals Heat

- 1 SpringLkPk/St Anthony 50.16 H2
- 2 Champlin Park 50.99 H2
- 3 Anoka 51.47 H2
- 4 Park Center 51.84 H1
- 5 Coon Rapids 52.55 H1
- 6 Osseo 52.68 H1
- 7 Blaine 52.50 H2
- 8 Elk River 54.57 H1
- 9 Robbinsdale Armstrong 54.59 H2
- 10 Centennial 55.23 H2
- 11 Totino-Grace 55.80 H1
- 12 Andover 55.91 H1
- Rogers DQ H2
- Maple Grove DQ H2

800 Meter Relay

Place Team Finals Heat

- 1 Blaine 1:49.47 H2
- 2 Maple Grove 1:49.72 H2
- 3 Robbinsdale Armstrong 1:50.15 H2
- 4 SpringLkPk/St Anthony 1:51.31 H2
- 5 Park Center 1:52.23 H2
- 6 Rogers 1:53.07 H2
- 7 Anoka 1:53.08 H2
- 8 Champlin Park 1:53.93 H2
- 9 Elk River 1:54.91 H1
- 10 Osseo 1:55.81 H1
- 11 Coon Rapids 1:56.03 H1
- 12 Totino-Grace 1:58.05 H1
- 13 Centennial 1:59.29 H1
- Andover DNC H1

4x400 Meter Relay

Place Team Finals Heat

- 1 Andover 4:09.74 H2
- 2 Maple Grove 4:10.80 H2
- 3 Totino-Grace 4:13.96 H1
- 4 Elk River 4:16.30 H2
- 5 Blaine 4:19.15 H2
- 6 Coon Rapids 4:20.20 H1

7 Centennial 4:23.14 H2
8 Rogers 4:25.19 H2
9 Robbinsdale Armstrong 4:27.29 H1
10 SpringLkPk/St Anthony 4:30.12 H1
11 Osseo 4:31.39 H2
12 Anoka 4:44.07 H1
13 Champlin Park 4:49.17 H2

4x800 Meter Relay

Place Team Finals Heat

1 Maple Grove 9:47.91
2 Andover 9:49.79
3 Elk River 10:42.12
4 SpringLkPk/St Anthony 10:42.73
5 Anoka 10:43.18
6 Coon Rapids 10:50.69
7 Robbinsdale Armstrong 10:53.88
8 Osseo 10:54.33
9 Champlin Park 10:55.20
10 Centennial 11:05.93
11 Blaine 11:14.34

Long Jump

Place Name Grade Team Finals

1 Victoria LaBerge 11 SpringLkPk/St Anthony 17-11
2 Delanie Siewert 12 Maple Grove 16-8.25
3 Adaeze Udalla 12 Elk River 16-3.75
4 Brianna Fleek 11 Blaine 15-9.5
5 Ella Voorhees 11 Totino-Grace 15-9
6 Charis Lawson 12 SpringLkPk/St Anthony 15-7.5
7 Emily Anderson 11 Centennial 15-5.5
8 Arthurline Quaqua 10 Anoka 15-4
9 Addison Stephani 11 SpringLkPk/St Anthony 15-3
10 Anna Marsolek 11 Champlin Park 15-2.75
11 Burnices Barlue 12 Osseo 15-2.5
12 Sarahya College 7 Robbinsdale Armstrong 15-1.5
13 Brianna Villanti 10 Rogers 15-1.25
14 Alivia Fenstra 10 Rogers 15-1
15 Britta DeMar 9 Elk River 14-11.5
16 Ava Lee 9 Maple Grove 14-10.75
17 Mikayla De Souza 10 Coon Rapids 14-10
18 Kayla Benjamin 11 Champlin Park 14-10
19 Cassandra Sims 12 Andover 14-8.25
20 Breanna Hetchler 12 Rogers 14-6.5
21 Abigail Embacher 12 Totino-Grace 14-5.25
22 Rory Ruotsinoja 11 Coon Rapids 14-5

23 Karlee Fisher 10 Robbinsdale Armstrong 14-3.5
24 Ava Kehr 11 Coon Rapids 14-3.5
25 Meghan Jack Anoka 13-11.5
26 Grace Baker 9 Champlin Park 13-11.5
27 Josephine Daweah 11 Osseo 13-11.5
28 Brianna Miller 11 Park Center 13-10.5
29 Allie Bingle 10 Blaine 13-9.75
30 Olivia Knoepfle 12 Andover 13-8
31 Ava Cole 11 Elk River 13-5
32 Jasmyne Green 11 Anoka 13-5
33 Kyliah Lewis 10 Park Center 13-3.5
34 Massa Massaquoi 10 Park Center 13-1.75
35 Anna Peterson 10 Centennial 13-1.5
36 Abby Leaf 9 Anoka 13-0.5
37 Kaylee Martin 11 Centennial 12-11.25
38 Mikaela Ysabel Panganib 11 Maple Grove 12-7
39 Kennedy Sanders 12 Andover 12-5.75
40 Kyra Nelson 10 Osseo 12-4.5
41 Olivia Spencer 11 Blaine 12-2.5
42 Lauren Kuharski 12 Totino-Grace 11-10

Triple Jump

Place Name Grade Team Finals

1 Laubenra Ben 11 Park Center 38-5.75
2 Victoria LaBerge 11 SpringLkPk/St Anthony 35-3.5
3 Delanie Siewert 12 Maple Grove 35-3.25
4 Burnices Barlue 12 Osseo 34-1.5
5 Mackenzie Monsrud 12 SpringLkPk/St Anthony 33-9
6 Brianna Fleek 11 Blaine 33-4
7 Adaeze Udalla 12 Elk River 32-10.5
8 Grace Kehr 11 Coon Rapids 32-4.5
9 Arthurline Quaqua 10 Anoka 32-0
10 Brianna Schoenrock 12 Blaine 31-4.5
11 Alivia Fenster 10 Rogers 31-4
12 Allie Bingle 10 Blaine 31-4
13 Jaelyn Sorenson 10 Elk River 31-1
14 Ava Lee 9 Maple Grove 30-11.75
15 Breanna Hetchler 12 Rogers 30-10.75
16 Keaira Walker 8 Rogers 30-6.75
17 Eryn Eppinga 9 Anoka 30-2.5
18 Piper Engelby 9 Andover 29-8
19 Elange Seibure 11 Anoka 29-6.5
20 Sydney Martin 9 Elk River 29-3.75
21 Linaya Swenson 11 Centennial 28-11.5
22 Kyra Nelson 10 Osseo 28-10
23 Alsita Suah 10 Coon Rapids 28-10

24 Hallie Johnson 10 SpringLkPk/St Anthony 28-6.25
25 Kari Bork 10 Champlin Park 28-4.25
26 Abigail Embacher 12 Totino-Grace 28-4
27 Jessica Russell 10 Totino-Grace 28-1.75
28 Callista Lamott 12 Champlin Park 27-8
29 Lucy Nguyen 10 Coon Rapids 26-8.25
30 Mikaela Ysabel Panganib 11 Maple Grove 26-7.25
31 Lauren Kuharski 12 Totino-Grace 26-1
32 Rodiat Adeduntan 11 Park Center 25-3
33 Ruby Engel 11 Osseo 24-9.75

Shot Put

Place Name Grade Team Finals

1 Adison Kapitzke 11 Champlin Park 40-0.25
2 Ashley Stewart 10 SpringLkPk/St Anthony 38-5.75
3 Laila Lakanen 12 Anoka 36-9.75
4 Emma Potratz 12 SpringLkPk/St Anthony 35-5.25
5 Ava Larson 12 Champlin Park 35-5
6 Ephemian Bailey 12 Robbinsdale Armstrong 35-1
7 Lydia Lakanen 9 Anoka 34-10.25
8 Christine Duffy 12 Totino-Grace 34-5.75
9 Johanna Langbehn 12 Elk River 34-3
10 Arabella Sutch 9 SpringLkPk/St Anthony 34-0
11 Mackenzie Peterson 12 Champlin Park 33-9
12 Linaya Swenson 11 Centennial 32-8
13 Sophia Kormann 12 Maple Grove 32-7
14 Jamie Kerkvliet 11 Rogers 31-8.75
15 Joem Wesseh 10 Osseo 31-8
16 Andi Mehrer 10 Elk River 31-7
17 Isabelle Huss 11 Centennial 31-6.75
18 Olivia Kramer 12 Elk River 31-5.5
19 Megan Schlaefer 12 Totino-Grace 31-5.5
20 Amarah McDonough 12 Osseo 30-11.75
21 Ava Brigham 12 Robbinsdale Armstrong 30-9.25
22 Brooklyn Carlson 11 Andover 30-7
23 Kendall Thurston 10 Robbinsdale Armstrong 30-2.25
24 Caraline Schlaefer 10 Totino-Grace 30-2
25 Temitope Oluwole 11 Blaine 29-10.5
26 Anya Schmidt 8 Rogers 29-7
27 Erica Wright 10 Blaine 29-4.75
28 Sydney Augustin 11 Centennial 29-1
29 Grace Morphew 9 Anoka 28-10.5
30 Annais Bakpatina 12 Osseo 28-9
31 Julia Barton 11 Maple Grove 27-11.5
32 Ava Halverson 11 Andover 27-5.75
33 Audrey Kormann 10 Maple Grove 26-5.5
34 Riley Nordberg 12 Rogers 25-10

- 35 Grace Dolo 9 Park Center 24-11.5
- 36 Reagan Keller 10 Blaine 24-5
- 37 Isabella Novak 8 Andover 24-2.25
- 38 Malia Dean 10 Coon Rapids 23-5.5
- 39 Ashley Wiitanen 12 Coon Rapids 23-1.5

Discus Throw

Place Name Grade Team Finals

- 1 Ashley Stewart 10 SpringLkPk/St Anthony 120-6
- 2 Arabella Sutch 9 SpringLkPk/St Anthony 116-3
- 3 Adison Kapitzke 11 Champlin Park 114-0
- 4 Annais Bakpatina 12 Osseo 110-8
- 5 Laila Lakanen 12 Anoka 108-7
- 6 Anya Schmidt 8 Rogers 108-3
- 7 Johanna Langbehn 12 Elk River 108-3
- 8 Andi Mehrer 10 Elk River 106-2
- 9 Mackenzie Peterson 12 Champlin Park 101-7
- 10 Olivia Kramer 12 Elk River 100-10
- 11 Sophia Kormann 12 Maple Grove 99-8
- 12 Ava Larson 12 Champlin Park 99-0
- 13 Ephemian Bailey 12 Robbinsdale Armstrong 98-11
- 14 Megan Schlaefer 12 Totino-Grace 94-9
- 15 Jamie Kerkvliet 11 Rogers 91-6
- 16 Emma Potratz 12 SpringLkPk/St Anthony 91-3
- 17 Christine Duffy 12 Totino-Grace 89-7
- 18 Ruby Revier 11 Osseo 89-6
- 19 Ava Brigham 12 Robbinsdale Armstrong 89-2
- 20 Lydia Lakanen 9 Anoka 87-11
- 21 Isabella Novak 8 Andover 86-9
- 22 Grace Morphew 9 Anoka 86-5
- 23 Sydney Augustin 11 Centennial 86-5
- 24 Marlee Fisher 11 Robbinsdale Armstrong 85-9
- 25 Isabelle Huss 11 Centennial 84-10
- 26 Joem Wesseh 10 Osseo 82-8
- 27 Persia Glenn 9 Coon Rapids 80-8
- 28 Caraline Schlaefer 10 Totino-Grace 78-6
- 29 Brooklyn Carlson 11 Andover 77-5
- 30 Audrey Kormann 10 Maple Grove 76-9
- 31 Erica Wright 10 Blaine 75-5
- 32 Julia Barton 11 Maple Grove 74-9
- 33 Evelyn Thomton 12 Centennial 71-9
- 34 Temitope Oluwole 11 Blaine 69-8
- 35 Ava Halverson 11 Andover 69-5
- 36 Melyssa Braesch 8 Rogers 69-4
- 37 Claire Leckner 10 Blaine 69-0
- 38 Ashley Wiitanen 12 Coon Rapids 68-7

39 Grace Dolo 9 Park Center 66-1
40 Malia Dean 10 Coon Rapids 64-2

High Jump

Place Name Grade Team Finals

1 Megan Monsrud 11 SpringLkPk/St Anthony 5-2
2 Cassandra Sims 12 Andover 5-1
3 Tashina Beyioku-Alase 12 Champlin Park 5-1
4 Leah Dengerud 11 Totino-Grace 4-10
5 Sophia Mahnke 9 Rogers 4-10
6 Ella Johnson 10 Elk River 4-10
7 Anika Shequin 12 SpringLkPk/St Anthony 4-10
7 Johanna Langbehn 12 Elk River 4-10
9 Alyssa Draheim 10 Centennial 4-10
9 Evyn Eppinga 9 Anoka 4-10
11 Hannah Horton 10 Champlin Park 4-8
11 Sylvia Gitamo 10 Anoka 4-8
13 Clea Cesare 11 Robbinsdale Armstrong 4-8
14 Danielle Urey 10 Anoka 4-8
15 Marvelous Onwualo 10 Blaine 4-8
16 Sydney Reining 9 Rogers 4-8
17 Jenna Kalevik 12 Rogers 4-6
18 Sarahya College 7 Robbinsdale Armstrong 4-6
19 Riley Ruhland 10 Blaine 4-6
20 Linaya Swenson 11 Centennial 4-6
21 Valencia Morris 10 Osseo 4-6
21 Araya Benson-Mitchell 9 Osseo 4-6
21 Laurel Rolfs 12 Maple Grove 4-6
24 Karlee Fisher 10 Robbinsdale Armstrong 4-6
25 Autymn Norman 11 Maple Grove 4-6
26 Josie Ingvaldson 12 Coon Rapids 4-4
26 Brianna Kiriago 11 SpringLkPk/St Anthony 4-4
28 Rodiat Adeduntan 11 Park Center 4-4
29 Alexandra Nyenati 9 Andover 4-4
30 Audrey Kormann 10 Maple Grove 4-4
31 Alexa Davis 11 Osseo 4-4
32 Shalom Sulungaine 10 Blaine 4-2
Haniyah Dabney 9 Park Center NH
Kyra Fjeld 9 Centennial NH
Piper Engelby 9 Andover NH

Pole Vault

Place Name Grade Team Finals

1 Charis Lawson 12 SpringLkPk/St Anthony 11-6

2 Sophia Condon 10 Anoka 11-6
3 Brianna Schoenrock 12 Blaine 10-6
4 McKenna Myron 11 Anoka 10-0
5 Kennedy Martinson 10 Coon Rapids 10-0
6 Grace Kehr 11 Coon Rapids 10-0
7 Riley Nordberg 12 Rogers 9-6
8 Danielle Schoenrock 12 Blaine 9-0
9 Kaitlyn Staut 10 SpringLkPk/St Anthony 9-0
10 Julia Barton 11 Maple Grove 9-0
11 Ava Gross 9 Andover 9-0
12 Madison Erickson 12 Elk River 8-6
13 Savannah Schwanke 9 Elk River 8-0
14 Adyson Janacek 10 Centennial 8-0
14 Macie Beall 9 Anoka 8-0
16 Averi Wiege 10 Blaine 7-0
16 Tiffanie Huynh 9 SpringLkPk/St Anthony 7-0
16 Anna Peterson 10 Centennial 7-0
16 Zoey Johnson 11 Elk River 7-0
16 Rachel Kalevik 10 Rogers 7-0
21 Kennedy Copiskey 12 Centennial 7-0
22 Haleigh Anderson 8 Rogers 7-0
23 Sasha Kowalski 7 Maple Grove 7-0
24 Paige Colson 11 Maple Grove 6-0
24 Michelle Lukitsch 9 Coon Rapids 6-0
24 Ashlyn Murphy 12 Champlin Park 6-0
24 Angela Lathanavly 11 Park Center 6-0
24 Trinity Fahrenbruch 10 Osseo 6-0
24 Olivia Baldwin 12 Totino-Grace 6-0
30 Itunu Okusanya 11 Park Center 6-0
30 Avery Cuper 9 Robbinsdale Armstrong 6-0
30 Trynica Haines 9 Robbinsdale Armstrong 6-0
30 Ashley Mauch 11 Champlin Park 6-0
34 Luolan Feng 10 Robbinsdale Armstrong 6-0
Kohanna Yang 11 Park Center NH
Lucy Bergeron 12 Osse